

Funded by Status of Women Canada, OSPE's pilot mentorship program to support female engineering graduates has organized two Making Connections events. Though these events are geared to women in engineering, anyone is welcome to attend.

Whether you're a student, recent graduate or a Professional Engineer, join us for this dynamic day of networking, where you'll have the opportunity to delve into your choice of workshops about "Difficult Conversations" and the "Imposter Authority".

Please come curious, open and ready to contribute to this emerging community!

Dates: Saturday, April 29th, 2017 (Mississauga) and Saturday, May 27th, 2017 (Waterloo)

Time: 9:00am – 3:30pm

Fee: Tickets are \$25 for members and \$35 for non-members. *Are you a full-time engineering student? Take advantage of your free OSPE student membership for discounted rates.

What Can I Expect?

Registration and Breakfast: 9:00am – 9:30am

Pick up your name tag and join us for a light breakfast before we get started.

Making Connections – Utilizing the Network: 9:30am – 10:30am:

Professional networks are essential for navigating and negotiating our careers in the 21st century. The challenge is many of us do not know how to best utilize these networks or find our place within them. At times, it might seem too good to be true, but the reality is, making connections doesn't have to feel like work! This session will help us get to know our colleagues in the room so that we can build on these relationships throughout the day.

Workshop Sessions: 10:45am – 2:30pm

Option 1: Accelerating Results through Difficult Conversations

From petty office politics, to underhanded power moves, to shirking teammates, to lack of trust and collaboration, the office and other environments can be like Petri dishes designed to breed conflict. And conflict comes at a high cost.

Those who embrace conflict as an opportunity to build understanding and better relationships experience greater personal and professional success, but managing conflict is not easy. Gain insight into your own brain-based emotional triggers and acquire the tools you need to productively manage difficult, conflict-prone conversations.

Option 2: Imposter to Authority

Despite external evidence of their competence, those exhibiting the Imposter Syndrome remain convinced that they are frauds and do not deserve the success they have achieved. In this workshop, attendees will identify the limiting beliefs that are keeping them from activating and actualizing their potential by taking a deeper look into the 12 Lies of the Impostor Complex (and one Truth).

Lunch will be served from 12:15pm – 1:00pm

Closing Remarks and Networking: 2:30pm – 3:30pm

Mississauga Registration Link: <https://www.ospe.on.ca/mpower/event/loadevent.action?e=677>

Kitchener Registration Link: <https://www.ospe.on.ca/mpower/event/loadevent.action?e=678>

Contributing Partners:

Ontario Network of Women in Engineering (ONWiE)

Professional Engineers Ontario (PEO) and PEO York Chapter

The Canadian Centre for Women in Science, Engineering, Trades and Technology (WinSETT)

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